

# The Elite Task Chair User Manual

Ergonomic Comfort Enhanced by Far Infrared Heat



# THERAFORM™

Elite Office Collection

Designed by LifeForm® | Powered by Therasage™

# **TheraForm™ Elite Task Chair**

## **Optimal ergonomics for working comfort**

Congratulations on your new TheraForm™ Elite Task Chair. Designed with your optimal health and wellness in mind, the Elite Task Chair incorporates Far Infrared heat technology and scientifically designed ergonomic features to promote correct spinal alignment. Integrated into the adjustable lumbar cushion is a battery-operated Far Infrared heating pad with temperature controls. This pad provides both Far Infrared heat and Negative Ions for enhanced therapeutic and health maintenance benefits. The specially designed contoured seat features our uniquely engineered TheraLife™ Foam that conforms to your body, evenly distributing your weight to help prevent painful pressure points. You can work longer and feel refreshed while treating yourself with these healthful benefits.

The TheraForm™ Elite Task Chair, with its clean lines and contemporary styling, features a lightweight breathable polyester mesh back, with either the TheraLife™ Fabric seat cushion or Premium Leather covered seat cushion. The Premium Leather seat cushion may be combined with our distinctive Perforated Premium Leather upholstered over the mesh back, which allows the mesh back to maintain its breathability.

### **TheraLife™ Fabric**

This specially designed knit fabric features high performance, four-way stretch movement which increases the effectiveness of our TheraLife™ Foam. TheraLife™ Fabric upholsters beautifully, and because it surpasses the industry's long-term durability standards, is suitable for residential, office, or high traffic commercial seating. Recommended care includes regular vacuuming and spot cleaning with a slightly damp cloth when necessary. For deeper cleaning consult a professional upholstery cleaner.

### **Premium Leather**

The TheraForm™ Elite Task Chair features the finest premium full grain leather hides. Premium leather requires minimal care and cleaning. Use a damp white cloth to remove residual dirt and dust. Wipe dry with a clean white cloth. The use of chemical cleaners will damage the leather and void the warranty.

### **Warranty**

Limited Lifetime Warranty for leather, three years for non-leather materials and parts, and one year for all parts related to the Far Infrared heat Technology. For complete details of this product's warranty coverage, duration and conditions, please see the enclosed Limited Lifetime Warranty or contact TheraForm™.



**LIFEFORM®**

**Furniture Designed For Life**

**[www.lifeformchairs.com](http://www.lifeformchairs.com)**



**THERASAGE™**

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### **Far Infrared heat is natural energy!**

Far Infrared heat is a natural wave emitted directly by the Sun as part of its invisible energy. The deep heat we feel when standing in the sunshine is actually Far Infrared heat. So safe and gentle, it is used on newborn babies in hospital nurseries. So effective, NASA uses it for its astronauts.

### **Far Infrared heat promotes health and wellness!**

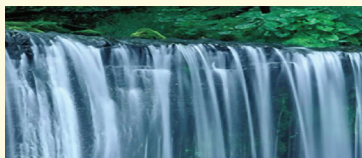
As you are working in comfort, you can experience the wellness benefits of Far Infrared heat Therapy, reduced muscle and joint pain, relaxed muscles, increased flexibility, improved blood circulation, decreased harmful toxins, enhanced immune system, reduced stress and fatigue, and increased daytime energy and mental alertness. Since our bodies require daily Far Infrared heat for optimal health, our chairs are doubly desirable.

### **Far Infrared heat lasts longer!**

Far Infrared heat penetrates deeply into the body, up to three inches, stimulating heating from within. Not only will you continue to feel the heat long after you exit the chair, but the healthful benefits will continue too!

### **Far Infrared heat feels great!**

The Far Infrared heating Pad in the lumbar area soothes and relaxes your body with the most beneficial heat ever!



### **Negative Ions are natural energy that promote health and wellness so you feel great!**

Heating Jade stone also creates Negative Ions, beneficial invisible molecules that we absorb, found in abundance at waterfalls, mountains, beaches and after a rainstorm. Numerous scientific studies indicate that once they reach our bloodstream, Negative Ions are believed to produce biochemical reactions that help calm and relieve stress, produce an overall feeling of wellbeing, decrease blood pressure, increase the flow of oxygen to our brain, alleviate depression, boost our daytime energy and increase our defense against infection by boosting our immune system.

# TheraForm™ Elite Task Chair

## Optimal ergonomics for working comfort

### BATTERY INSTRUCTIONS

- Your TheraForm™ Elite Task Chair utilizes a 7.4 volt Lithium Ion SMART battery.
- Use only the battery and the battery recharger that is provided with the chair.
- Fully charged, the battery will last from four to six hours, depending on the level of heat used.
- Recharge the battery ONLY when it has been completely discharged.
- To recharge the Lithium Ion SMART battery,
  - remove the battery pack from its holder located on the back of the chair and plug it into the charger.
  - plug the charger into a standard 110 volt wall socket.
  - allow up to three hours for the battery to charge, or until the red (“still charging”) light changes to a green indicator light.
  - unplug the battery from the charger, put the battery into its holder (located on the back of the chair) and plug in the lumbar cushion pad into the battery.

DO NOT OVERCHARGE THE BATTERY. This will shorten the life of the battery.

- Always recharge the battery as soon as possible after it becomes fully charged. A battery will be permanently damaged if it is left for an extended length of time in a fully discharged state.



Press the green ON/SETUP/ OFF button. Each time you press the button, a corresponding white, green, or orange light will appear indicating if your system is Off, or on Hi or Low.

- Operating on Hi, the charge will last approximately six hours.
- Operating on Low, the charge will last approximately four hours.

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### **THE ENERGIZING TRUTH ABOUT BATTERIES...**

#### **What is a 7.4 volt Lithium Ion SMART battery?**

It is a rechargeable battery common in portable consumer electronics because of its high energy-to-weight ratios, lack of memory effect, and slow self-discharge when not in use.

#### **Even with recharging, when does this type of battery need to be replaced?**

With normal use, the battery industry informs consumers that these batteries have a 30% degradation per year. With an expected number of charge cycles, our engineers inform us that after two years of average use, the battery may have to be replaced.

#### **Is the battery ready for use when I receive my chair?**

Yes! Most Lithium Ion batteries arrive from the factory 80% charged. It is always recommended that you allow a battery to discharge completely before recharging.

#### **Are Lithium Batteries safe?**

Don't ask us, ask IBM, Dell, Sony, Toshiba, Apple, Compaq, and all of the notebook manufacturers! Yes, if used for the purpose intended, these batteries are very safe. Yet it is very important to remember that these batteries are still sources of power and should not be exposed to high temperatures (including prolonged direct sunlight), should not be placed in an oven or microwave, should not be abused or neglected, and should not be opened or modified.

#### **What is the life of the battery and how are these batteries disposed of?**

All batteries have a finite life. The life will depend upon how you charge and discharge the battery and the temperature at which the battery is maintained. According to the Responsible Energy Corporation, Lithium Ion batteries, like all rechargeable batteries, are recyclable and should be recycled. They should never be incinerated as they might explode. Most places that sell rechargeable batteries will accept them for recycling as will TheraForm.

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### **HOW TO PERSONALIZE YOUR TASK CHAIR**

#### **Tilt Lock and Back Angle Tension Adjustment**

- To release the tilt lock control, pull the handle up on the left side of the chair and rock the chair until you hear a click. This releases the auto lock so the chair will move freely like a rocking chair.
- To lock the seat in the desired position, push the handle on the left side down.
- To adjust the tension of the rocking motion, turn the knob located in the center underneath the chair. Turning the knob to the right (clockwise) will increase the tension, while turning to the left (counterclockwise) will loosen the tension.

#### **Seat Height Adjustment**

- To adjust the seat height, pull up on the larger handle on the right side of the chair.

#### **Seat Depth Adjustment**

- To adjust the seat forward or backward, pull up the smaller handle on the right side of the chair. Release the smaller handle once the seat is in the desired position.

#### **Adjustable Arms**

- To adjust the arm height, pull up the release underneath each arm pad and move to the desired position.

#### **Adjustable Lumbar Height**

- To adjust the lumbar height, reach behind the mesh back, grip the lumbar cushion and move to the desired position.

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### **HOW TO PERSONALIZE YOUR TASK CHAIR *(continued)***

#### **SQUEAKS AND CREAKS**

- Lubricate the spring in the control with motorcycle chain lubricant or self-penetrating oil. **DO NOT USE SOLVENT LUBRICANTS AND DO NOT LUBRICATE THE CLUTCH PLATES.** Sometimes new chairs need time to break in, so wait a few days to see if the noise disappears.
- Gas lifts will squeak if left idle for extended periods of time. Lifting and lowering your chair and rotating in your chair a few times will eliminate these squeaks.
- Check the Arm Caps to make sure that they are tightly attached to the Arm Bracket. If not, use a Phillips screwdriver to tighten.
- Periodically check the casters and remove any carpet lint or grime. On chairs that are never moved, check the bottom of the casters for flat spots. Replace the casters if necessary.
- Using carpet casters on a plastic chair mat will make noise. This can be easily corrected by using soft wheel casters instead.
- If the lumbar pad is not heating, check to insure that the battery is fully connected.
- The recommended weight limit for this product is 250 lbs.

## Specifications\*

|  |   |
|--|---|
| Battery Requirements:                          | 7.4 volt Lithium Ion Battery (included)     |
| Backrest and seat tilt combined maximum angle: | 20°   |
| Dimensions:                                    | 41"H x 21"W x 23"D<br>(104cm x 53cm x 58cm) |
| Product Weight:                                | 48 lbs. (21.8 kg)                           |
| Maximum User Weight:                           | 250 Lbs. (113.5 kg)                         |

\* Specifications are subject to change without prior notice.

This product and any statements mentioned herein are not intended to diagnose, treat, cure or prevent disease. The information contained herein is meant to inform and educate; it is not intended as a substitute for professional advice from your physician or other healthcare provider. If you have any medical condition, you should consult with a healthcare professional before using this product.



**Furniture Designed For Life**

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